

BUDGET \$SAVERS



**Johnsonville
Breakfast
Sausages**

Frozen or Thawed
For Your Convenience
250 g & 375 g

5.99
each



**Taylor Farms
Chopped Kits Salads**

Grown in USA
Selected Varieties
267 g - 382 g

4.99
each



**Hellmann's
Mayonnaise**

Selected Varieties
710 ml - 890 ml

5.49
each



**Western Family
Condensed Soups
and Broths**

Selected Varieties
284 ml

4.95
for



Prices effective until February 28th, 2023

PANTRY BUDGET SAVERS



**Campbell's
Condensed Soup**
Selected Varieties
284 ml

2\$5
for



Leigh's Soup
Selected Varieties
Ready To Serve
720 ml

549
each



**McCormick
Bouillon**
Selected Varieties
105 g

399
each



**Taipan
Sauce**
Selected Varieties
350 ml

399
each



**Hunt's
Tomato Paste**
Selected Varieties
156 ml

4\$5
for



**Hunt's
Tomato Sauce**
Selected Varieties
398 ml

199
each



**Stagg
Chili**
Selected Varieties
425 g

349
each



**French's
Ketchup**
Selected Varieties
750 ml & 1 L

399
each



**Heinz
Mustard**
Dijon
265 ml

249
each



**Prego
Pasta Sauce**
Selected Varieties
645 ml

299
each



**McCormick
Gourmet Seasoning
Powder**
Selected Varieties, 5 g - 64 g

399
each



**McCormick
Gourmet Ground
Seasonings**
Selected Varieties, 7 g - 62 g

599
each



**Club House
Grinders**
Selected Varieties
24 g - 70 g

299
each



**Amy's
Organic Soup**
Selected Varieties
398 ml

399
each

PANTRY BUDGET SAVERS



Western Family Pickles
Selected Varieties
1 L

3⁹⁹
each



Club House Slow Cooker Mixes
Selected Varieties
36 g - 45 g

3^{\$}5
for



McCormick's Sauce and Gravy Mixes
Selected Varieties
30 g - 56 g

1⁹⁹
each



Barilla Pasta
Cut Macaroni
410 g

3⁴⁹
each



No Yolks Noodles
Selected Varieties
340 g

3⁹⁹
each



Western Family Olive Oil
Selected Varieties
500 ml

5⁹⁹
each



Vlasic Pickles
Selected Varieties
1 L

5⁴⁹
each



Christie Good Things Rice Crackers
Selected Varieties
Gluten-Free, 100 g

3⁴⁹
each



Sapporo Ichiban Noodles
Selected Varieties
100 g

99¢
each



Casa Fiesta Refried Beans
With Green Chilies
398 ml

3⁴⁹
each



Western Family Wild Crab Salad Meat
120 g

3⁹⁹
each



Hormel Real Bacon Bits
100 g

5⁹⁹
each



Hormel Real Bacon Pieces
79 g

4⁹⁹
each



Western Family Instant Skim Milk Powder
1 kg

13⁹⁹
each



Dole Pineapple
Selected Varieties
398 ml

2⁹⁹
each



Elias Honey
Selected Varieties
375 g

11⁴⁹
each



Fleischmann's Yeast
Selected Varieties
3 x 8 g

2⁴⁹
each



Western Family Organic Flour
Selected Varieties
2 kg

8⁹⁹
each

BREAKFAST BUDGET SAVERS



Little Northern Bakehouse Bagels
Selected Varieties
400 g

6⁹⁹
each



Tassimo Coffee T-Discs
Selected Varieties
Pkg. of 14

8⁹⁹
each



Van Houtte Coffee Pods
Selected Varieties
Pkg. of 24 & Pkg. of 30

18⁹⁹
each



Melitta Whole Bean Coffee
Selected Varieties, 907 g & 930 g
Or Pods, Pkg. of 30

18⁹⁹
each



Starbucks Via Instant Coffee
Or Ready Brew
Selected Varieties, Pkg. of 5 & 8

6⁹⁹
each



Melitta Coffee Filters
Selected Varieties
Pkg. of 40 & 60

3⁴⁹
each



49th Parallel Coffee
Selected Varieties
340 g

14⁹⁹
each



Kicking Horse Organic Coffee
Selected Varieties
284 g

9⁹⁹
each



Ty-Phoo Black Tea
Pkg. of 80

4⁹⁹
each



Western Family Hot Chocolate Mix
Selected Varieties
500 g

3⁹⁹
each



Melitta JavaJig Coffee Filters
Includes 2 Reusable Cups
Pkg. of 60

6⁹⁹
each



Melitta Coffee Filters
Selected Varieties
Pkg. of 100

2⁴⁹
each



Melitta Bamboo Coffee Filters
Selected Varieties
Pkg. of 80

5⁹⁹
each



Hershey's Chipits Baking Chips
Selected Varieties
180 g - 270 g

3⁹⁹
each



Western Family Corn Flakes
680 g

4⁹⁹
each



Quaker Instant Oatmeal
Selected Varieties
168 g - 384 g

4⁹⁹
each



Gerber Organic Baby Food Puree
Selected Varieties
128 ml

2¹⁹
each



Nestlé Good Start Infant Food
Selected Varieties
580 g

31⁹⁹
each

SNACK BUDGET SAVERS



**Cadbury
Chocolate Bars**
Sharing Bars
Selected Varieties, 90 g - 200 g

3⁹⁹
each



**Cadbury
Chocolate Bars**
Selected Varieties
33 g - 64 g

4⁵
for



**Cadbury
Chocolate Family Bars**
Or Toblerone
Selected Varieties, 90 g - 100 g

2⁹⁹
each



**Cadbury
Chocolate Bars**
King Size
Selected Varieties, 66 g - 90 g

1⁹⁹
each



**Nestlé Aero
Chocolate Bars**
Selected Varieties
95 g - 105 g

2⁵
for



**Nestlé
Chocolate Bars**
King Size
Selected Varieties, 63 g - 86 g

1⁹⁹
each



**Hershey's
Chocolate Bars**
Family Size
Selected Varieties, 90 g - 120 g

2⁵
for



**Go Pure
Fruit & Oat Bars**
Selected Varieties
140 g - 175 g

2⁷
for



**Christie Peek Freans
Cookies**
Selected Varieties
300 g & 350 g

3⁹⁹
each



**Arnott's Tim Tam
Cookies**
Selected Varieties
175 g & 200 g

4⁴⁹
each



**Christie Dads
Cookies**
Selected Varieties
300 g - 320 g

3⁹⁹
each



**Christie
Mini Cookies**
Selected Varieties
180 g - 303 g

2⁷
for



**Christie
Cookies**
Selected Varieties
270 g

2⁷
for



**Snappers
Chocolate Bars**
Selected Varieties
156 g & 170 g

4⁴⁹
each



**Darell Lea
Licorice**
Selected Varieties
200 g & 284 g

2⁴⁹
each



**SunRype
Fruitsource Bars**
Selected Varieties
37 g

99¢
each



**SunRype
Fruit To Go Bars**
Selected Varieties
14 g

3¹
for



**SunRype
Fruitsource Bites**
Selected Varieties
170 g

2⁹⁹
each



**Maynards
Candies**
Selected Varieties
315 g & 355 g

4⁴⁹
each



**Jack Links
Jerky**
Selected Varieties
230 g

12⁹⁹
each



**Blue Diamond
Almonds**
Selected Varieties
170 g

6⁴⁹
each



**Doritos Chips
Or Ruffles Potato
Chips**
Selected Varieties, 155 g - 283 g

4⁴⁹
each



**Western Family
Popcorn**
Selected Varieties
200 g

2⁹⁹
each



**Orville Redenbacher
Popcorn Kernels**
Original
850 g

4⁹⁹
each



**Jiffy Pop
Popcorn**
Butter Flavor
127 g

2⁷⁹
each



**Western Family
Puddings**
Selected Varieties
4 x 99 g

1⁹⁹
each



**Dole
Fruit Bowls**
Or Fruit n'Gel, Selected Varieties
4 x 107 ml & 123 g

4⁹⁹
each



**Yoplait
Yogurt Tubes**
Selected Varieties
8 x 56 g

2⁶
for

FROZEN AND DAIRY BUDGET SAVERS



Cracker Barrel Feta
Crumbled
180 g

5⁴⁹
each



Cracker Barrel Cheese Slices
Selected Varieties
240 g - 240 g

5⁹⁹
each



Western Family Grated Parmesan
Selected Varieties
250 g

7⁹⁹
each



Western Family Shredded Cheese
Selected Varieties
320 g

6⁹⁹
each



Western Family Ricotta Cheese
500 g

5⁷⁹
each



McCain Superfries & Tasti Taters
Selected Varieties
Frozen, 1.5 kg - 1.8 kg

8⁹⁹
each



Lactantia Salted Butter
Or Garlic Butter
125 g

2⁹⁹
each



Parkay Margarine
Selected Varieties
1.28 kg & 1.36 kg

6⁹⁹
each



Imperial Soft Margarine
Soft Bowl
427 g

3⁴⁹
each



Silk for Coffee Coffee Whiteners
Selected Varieties
473 ml & 450 ml

2⁹⁹
each



Saputo Feta Cheese
Regular
200 g

4⁴⁹
each



Ben & Jerry's or Non Dairy Frozen Desserts
Selected Varieties
473 ml

5⁹⁹
each



So Delicious Frozen Desserts
Selected Varieties
500 ml

5⁹⁹
each



Magnum Frozen Novelties
Selected Varieties
3's & 4's

6⁹⁹
each



Swanson Skillet Entrees
Selected Varieties
Frozen, 1.19 kg

10⁹⁹
each



Pogo Original Corndog
Frozen
750 g

9⁹⁹
each



Healthy Choice Simply Steamers Entrees
Selected Varieties
Frozen, 255 g - 283 g

4⁹⁹
each



Gardein Vegan Entrees
Selected Varieties
Frozen, 190 g - 390 g

5⁴⁹
each



Activia Yogurt
Selected Varieties
8 x 100 g

4⁹⁹
each



Activia Drinkable Yogurt
Selected Varieties
8 x 93 ml

5⁹⁹
each



Danone Two Good Yogurt
Selected Varieties
625 g

5⁴⁹
each



Yoplait Source Yogurt
Selected Varieties
630 g

2\$6
for



Yoplait Minigo Yogurts
Selected Varieties
6 x 60 g

2\$6
for



Olympic Krema Yogurt
Selected Varieties
8 x 100 g

4⁹⁹
each

BEVERAGE BUDGET SAVERS



**Starbucks
Coffee Beverages**
Selected Varieties
192 ml - 444 ml

2\$6
for

Plus Deposit, Recycling Fee where Applic.



**Stok Cold Brew
Coffee Beverage**
Selected Varieties
1.42 L

6⁹⁹
each

Plus Deposit, Recycling Fee where Applic.



Coca-Cola
Or Selected
Coke Products
473 ml - 500 ml

2\$4
for

Plus Deposit, Recycling Fee where Applic.



**Perrier
Carbonated Natural
Spring Water**
Or San Pellegrino

Selected Varieties, 6 x 1 L

12⁹⁹
each

Plus Deposit, Recycling Fee where Applic.



**Sparkling Ice+Caffeine
Sparkling Water**
Selected Varieties
473 ml

1⁹⁹
each

Plus Deposit, Recycling Fee where Applic.



**AHA
Sparkling Water**
Selected Varieties
500 ml

1²⁹
each

Plus Deposit, Recycling Fee where Applic.



**V8
Vegetable
Cocktail Juice**
340 ml

3\$4
for

Plus Deposit, Recycling Fee where Applic.



**Budweiser Zero
Brew Non-Alcoholic
Beer**

12 x 355 ml

Plus Deposit, Recycling Fee where Applic.

14⁹⁹
each



**Dasani
Water**
1 L

1⁴⁹
each

Plus Deposit, Recycling Fee where Applic.



**Evian Natural
Spring Water**
750 ml

2⁸⁹
each

Plus Deposit, Recycling Fee where Applic.



**Dole
100% Juice**
Or Ocean Spray Juice
Selected Varieties, 450 ml

2\$4⁵⁰
for

Plus Deposit, Recycling Fee where Applic.



**Partake
Non-Alcoholic Beer**

Selected Varieties
4 x 355 ml

Plus Deposit, Recycling Fee where Applic.

7⁹⁹
each



**Coca Cola
Energy Drink**
Selected Varieties
355 ml

2⁹⁹
each

Plus Deposit, Recycling Fee where Applic.



**Monster
Energy Drinks**
Selected Varieties
444 ml - 550 ml

3²⁹
each

Plus Deposit, Recycling Fee where Applic.



**Guru
Organic Energy Drink**
Selected Varieties
355 ml

2\$6
for

Plus Deposit, Recycling Fee where Applic.



**Meta Mucil
Powder**
Selected Varieties
425 g & 861 g

1⁹⁹
each

HOUSEHOLD BUDGET SAVERS



Febreze Small Spaces Air Refresher
Selected Varieties, 2 ml

3⁹⁸
each

Febreze Air Refresher Or Instant Action
Selected Varieties
250 g

3⁹⁸
each



Tampax Tampons
Selected Varieties
22's - 40's

10⁴⁹
each



Always Feminine Care Products
Selected Varieties, 7's - 44's

8⁹⁹
each



Western Family Bathroom Tissue
Selected Varieties
12 Double Rolls

7⁹⁹
each



Olay Bar Soap
Selected Varieties
4 x 90 g

5⁴⁹
each



Shea Moisture Hair Style Treatments
Selected Varieties
237 ml & 340 ml

12⁹⁹
each



Shea Moisture Hair Care Products
Selected Varieties
384 ml

12⁹⁹
each



Venus 3-Up Razor
Selected Varieties
1 Razor 3 Cartridges

21⁹⁹
each



Gillette Shave Gel
Selected Varieties
198 g

4⁴⁹
each



Vicks ZzzQuil Tabs & Liquid
Selected Varieties
354 ml & Pkg. of 24

9⁴⁹
each



Western Family Kitchen Paper
Selected Varieties
12" x 125" & 15" x 75"

6⁹⁹
each



Alcan Foil Wrap
Selected Varieties
12" x 25" & 12" x 50"

3⁹⁹
each



Reynolds Slow Cooker Liners
4 Liners, 13" x 21"

2⁹⁹
each



Purina Beyond Dry Dog Food
Selected Varieties, 1.36 kg & 1.67 kg

12⁹⁹
each



Purina Beneful Original Dog Food
Or Incredbites, Selected Varieties
1.6 kg - 2 kg

9⁴⁹
each



Purina Dentalife Dog Treats
Selected Varieties
193 g & 248 g

3⁴⁹
each



Purina Prime Bones
Selected Varieties
320 g

7⁹⁹
each



Purina Beggin Strips Dog Treats
Selected Varieties, 155 g & 170 g

3⁹⁹
each

Purina Friskies Cat Food

Selected Varieties
1.4 kg - 1.5 kg

Or Friskies Party Mix
454 g ... \$7.99

Or Kitten Chow Cat Food
1.6 kg - 2 kg ... \$9.99

7⁴⁹
each

GREAT TASTE OF SAVINGS



**Johnsonville
Italian Ground
Sausages**
Mild & Hot, 375 g

5⁹⁹
each



**Beyond Burger
Plant- Based Burgers**
Frozen
226 g

6⁹⁹
each



**Beyond Beef
Plant- Based Grounds**
Frozen
340 g

8⁹⁹
each



**Big Mountain Foods
Veggie Patties &
Grounds**
Selected Varieties
300 g - 400 g

*Local
Product!*

6⁹⁹
each



**Johnsonville
Sausages**
Frozen or Thawed
For Your Convenience
500 g

5⁹⁹
each



**Grimms
Sizzlin' Wieners**
450 g

7⁹⁹
each



**Vive Organic
Pure
Boost**
Selected Varieties
59 ml

3⁹⁹
each

Plus Deposit, Recycling Fee where Applicable.



**Maple Lodge
Farms Ultimate
Chicken Frankfurters**
900 g

5⁹⁹
each



**Grimms
Sizzlin' or Bavarian
Smokies**
Selected Varieties
450 g

7⁹⁹
each



**Bolthouse Farms
100% Fruit Juice
Smoothie**
Selected Varieties
946 ml

5⁹⁹
each

Prices effective: Wednesday, Feb 1st to Tuesday, Feb 28th, 2023

Actual sale items carried may differ by location. Some items are subject to GST & + Dep. & Eco Fees. We reserve the right to limit quantities. Some items may not be exactly as illustrated.